

## Mornington Chasers Regent's Park 10k Series

Location: The Hub, Regent's Park, London NW1 4RUStart Time: 9:00am on the 1st Sunday of each month.

Regent's Park is the perfect setting for a flat, fast and traffic free Sunday morning 10k. The race start is from outside The Hub in Regent's Park and consists of three laps within the park covering a measured 10k distance. The facilities at the race include toilets, changing rooms, water station, showers and post race refreshments. The race is chip timed and attracts all abilities of runner.

Prizes:	Medals for all Finishers Race and age category winners' prizes Grand Prix Series prizes		
Entry Fees:	Single race entry 3 race series entry		filiated - £17.00 unaffiliated filiated - £46.00 unaffiliated
	6 race series entry		iliated - £85.00 unaffiliated
<b>Pick your Race:</b> 2 <sup>nd</sup> October 201 6 <sup>th</sup> November 20 4 <sup>th</sup> December 20	16 5 <sup>th</sup> February 2017		
<b>Entries:</b> Return entries to Mornington Chasers, c/o 36 St Peters Street, London N1 8JT. Cheques payable to "Mornington Chasers". For Online Entries visit <u>www.chaser.me.uk</u>			
SURNAME DATE OF BIRTH FOREMAN			
AGE ON RACE D	ΑΥ		SEX Male / Female (delete as applicable)
ADDRESS			
TOWN			POST CODE
TELEPHONE NO.			EMAIL
CLUB AFFILIATED Yes / No RUNNING CLUB NAME			

I declare I will be 15 years of age or over on the date of the 10k race and am an amateur as defined by UK Athletics Laws and will abide by the laws and rules of UK Athletics. I accept that the organiser will not be liable for any loss, damage, action, claim, cost or expenses which may arise in the consequence of my participation in this race. I declare that I will not compete unless I am in good health on the day of the race and accept that I attend at my own risk. In the unlikely event of abandonment or cancellation, all or part of my entry fee may be retained for the management and administration of the event. If under 18 years of age, entry form should be signed by a parent or guardian.

SIGNATURE...... DATE...... DATE......

We would like to keep you informed of other races and events that you may find interesting. If you would prefer not to receive such information please tick here