The 9th Christmas Pudding 5 Mile Dash

Plus 2 mile fun run/walk and 1 mile Children's Turkey Drumsticks Scurry Saturday 20th December 2014 at 10.30am

Held under UKA Rules. Licence applied for.

A multi-terrain race in a unique setting, this is a rare opportunity to run through the grounds of Ashburnham Place – a setting of great natural beauty with over 220 acres rich in wildlife. Part of the grounds have been designated a Site of Special Scientific Interest because of valuable flora and fauna. The grounds in their present form were designed and constructed in the mid-eighteenth century by Lancelot 'Capability' Brown. There are Christmas Puds and other Festive goodies on offer plus a medal and a glass of warming Mulled Wine will also be waiting for you at the finish.

Medal and Christmas Pud to all finishers - plus Mulled Wine at the finish!! New for 2014 - chip timing!

	New for 2014 – crip thining:
Prizes/trophies for:	1 st , 2 nd , 3 rd Males, First Male Senior, Vet Categories 1-7, First Male Team (of 3) 1 st , 2 nd , 3 rd Ladies, First Lady Senior, Vet Categories 1-7, First Lady Team (of 3)
Prize g	giving and presentations approx 60 minutes after first runner home
Venue: Ashbu	rnham Place, Battle, East Sussex – 5 miles west of Battle on the A271
	Toilets and limited changing facilities
ENTRY FEE:	5 Mile £12.00 attached £14.00 unattached £2.00 extra on the day
	Fun run $£5.00$ £1.00 extra on the day
	Children's Dash $£3.00$ £0.50 extra on the day
ENTRY LIMIT: 350.	Closing date is 16 th December but entries accepted on day subject to availability
PLEASE ENCLOSE:	SAE. CHEQUES: Payable to 'Nice Work'
ENTRIES: Race Dire	ctor, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA
	Enquiries/more information: 01797 230009
	ONLINE ENTRY OPTIONS: www.nice-work.org.uk
Please enter me for the C	Christmas Pudding 5 Mile Dash []Children's Scurry [] 2 Mile Fun Run []
SURNAME	FORENAMEDATE OF BIRTH
AGE ON 20/12/2014	Sex: Male/Female (delete as applicable)
ADDRESS	
-	
	Post Code
TELEPHONE NO	_ EMAIL ADDRESS
RUNNING CLUB	Affiliated Yes/No. Estimated Time
I declare I will be over 15	years of age on 20/12/14 and I agree that the organisers shall not be liable for any injury,

fit to do so. I will also obey all Marshall's and organiser's instructions. If under 18 years of age application should be signed by a parent/guardian.

accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically

SIGNATURE......DATE....